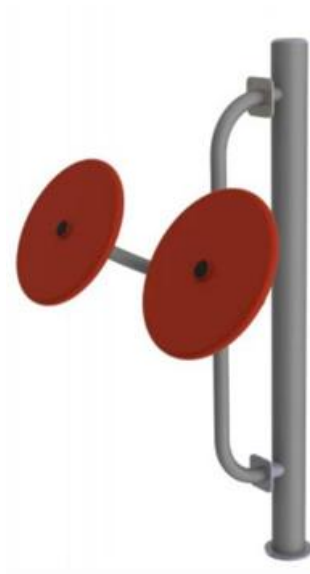


Product Datasheet

Small Wheels



Device Description

Strengthens and improves the wrists, elbows and shoulders. Develops motor coordination and increases joint mobility.

Specifications

Type: Warm-up equipment

Difficulty level: Easy

Recommended for: Users aged 14+ and/or at least 140 cm tall

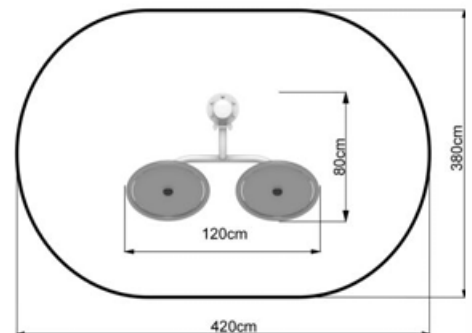
Maximum load: 150 kg

Height: 175 cm

Width: 120 cm

Length: 70 cm

Safety zone: 420 × 370 cm



Exercise Instructions

Method 1: Stand firmly in front of the equipment, grasp both small wheels (one with each hand) and rotate them to the left or right.

Method 2: Stand firmly in front of the equipment, grasp both small wheels (one with each hand), then rotate one wheel clockwise and the other counterclockwise.

Construction

- Load-bearing structure made of Ø88.9 mm steel tubes with a 3.6 mm wall thickness.
- Additional steel tubes: 48.3×3.2 mm, 42.4×3.2 mm and 33.7×2.9 mm.
- Tube ends are capped.
- Seats, backrests and footrests are made of 3 mm thick steel plate.
- Galvanized cap nuts protected against loosening and maintenance-free sealed bearings.
- All metal components are abrasive blasted and powder-coated with a zinc primer and weather- and UV-resistant polyester coating.
- Complies with PN-EN 16630:2015-06.